



Add Play to Your Work, Fall 2010 New England Association for Play Therapy, Inc



The New England Play Therapy Annual Conference Is Here

November 13th, Don't Miss Out

Flexible Play Therapy in Trauma Treatment with Paris Goodyear-Brown, LCSW, RPT-S

Flexibility in Play Therapy: filling your tool box with the best from prescriptive, trauma focused, cognitive behavioral play therapy, multi-sensory and expressive play therapy approaches to meet each client's needs.

Learn to:

1. Describe the components of the FSPT model.
2. List five strategies for helping clients build narratives that combine the linguistic narrative with sensory material.
3. Describe five practical strategies for soothing the physiology of traumatized children
4. Delineate five play therapy interventions that counter cognitive distortions
5. Articulate the role of parents in co-regulating their children.

[Click here](#) to register for the pre-conference and/or conference.

To receive member pricing, [click here](#) to join APT/NE-APT now!

OUR PRE CONFERENCE:

“Supervision of Clinicians Engaged in Play Therapy”

November 12th 4:40 to 8:30

4 CEU's

Kay E. Edwards is the director and founder of Birch Tree Counseling in Londonderry, NH and its branch, New Leaf Counseling in Laconia, NH. She is a licensed clinical mental health counselor, a certified EMDR therapist, and is a Registered Play Therapy - Supervisor. Kay has over 26 years of experience, supervises interns and new clinicians and is dedicated to teaching and promoting play therapy.

Workshop information:

Clinicians who are currently supervising others will find this workshop affirming, supportive and informative. Those who are not yet supervisors but are engaged in play therapy will have an opportunity for networking, collegial support and an will earn 4 credits towards their RPT-S documentation. There will be a brief overview of the central principles of supervision and specific focus on supervising play therapists. A combination of lecture, experiential activities and small group discussion will be used. Participants are encouraged to bring supervisory situations/dilemmas for group discussion.



Barbara Van Hoff “

Don't Worry, Be Happy: Play Therapy with Anxious Children”

Pre Conference Presenter:

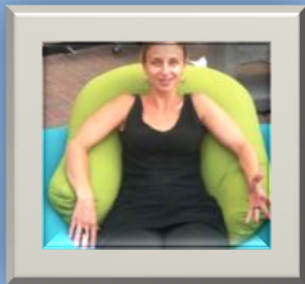
Barbara Van Hoff, LMFT, RPT-S

Friday, November 12

5:00 to 8:00 pm 3 CEU Credits

Anxiety is an underlying problem for many of the children we see in our daily work. This workshop will explore play therapy interventions as a way of teaching clients to take care of anxiety-provoking situations. Participants will try out interventions for relaxation, externalization and resolution of anxiety.

A case study will be presented, as well as an exploration of participants' own examples. This is a hands on workshop so come prepared to play.



Our Conference Vendors

Yogibo Products- Bean Bags and pillows

www.Yogibo.com (Laurel loves these)

The Petting Zoo- Great puppets (cash and checks only)

Professional Books

Paris and Me Books and more

Speakers Survey– Barbara van Hoff, LMFT, RPT-S

It is an honor to be doing one of the preconference workshops this year for NEAPT and as a result of that I have been asked to respond to the speakers' survey.

A little bit of personal information first ... I'm 54 years old and have been married 33 years. My husband, Jack, and I have 5 sons who are now grown, a daughter-in-law and a grandson! Miles (aforementioned grandson) is now 6 months old and is really the cutest baby I have ever seen! I will try to attach a picture so that you will see I'm not exaggerating!

I grew up in Iowa, moved to NJ where I met my husband in high school. We married after college where I had received my BS in Nursing. I worked as a nurse for 4 years and then we had our sons and I stayed home with them for 17 years. I went back to school to get my masters in family therapy and have been practicing now for 10 years.

I became interested in play therapy when, as the clinic coordinator at Southern CT State University, I went to a weeklong Theraplay training in Chicago with my colleague Carole Prosser. We later went to the weeklong APT national conference and talked all the way home about how we could implement play therapy in a private practice together.

In 2004 we opened New Hope Center, LLC, in Guilford, CT. Along with therapy offices, it has a fully equipped play therapy room and a conference room for groups and classes. Also in 2004 I started teaching a 12 week introduction to play therapy class for therapists who wanted to be more comfortable working with children and adolescents. Since then I have taught many workshops and classes on various aspects of play therapy. I love working with other therapists and find teaching is one of the things I most enjoy!

In December of 2007 my husband took a job at Dartmouth Hitchcock Medical Center and we moved to New Hampshire. I continued to travel to CT to teach workshops, and in January of 2009 opened an office in New Hampshire calling it New Hope North, PLLC. Currently I am working 2 days a week and am babysitting for my grandson 3 days a week – the best of both worlds

I love play therapy and often use aspects of it when I work with adults as well as working with children and families. If I have to pick one part of play therapy that I most love, it would have to be the sandtray. Watching transformation take place in the sand is just a joy!



The Apple of Barbara's Eye-- Miles

If someone is interested in becoming a presenter I think my advice would be to start small ... maybe make a presentation to a peer supervision group ... decide if you like it, get honest feedback, and go from there! Also be a learner yourself – read the latest books that are coming out, go to the conferences, listen to what others are saying and doing, and don't be afraid to try new things!

If you would like more information on my practice, most recent workshops, or if you have questions about play therapy in general, please visit my web-site at: www.newhopenorth.com . All of my contact information is there!

I look forward to meeting many of you in November!!!



CONGRATULATIONS TO MARY ANNE PEABODY

Our New APT President. She is from Maine and teaches at Play Therapy at Plymouth State University in New Hampshire.