



Add Play to Your Work, Summer 2010

New England Association for Play Therapy

New England Play Therapy Annual Conference Coming

“Flexible Play Therapy in Trauma Treatment”

Meet Our Speaker, Paris Goodyear-Brown

By Barbara van Hoff, LMFT, RPT-S

New England Association for Play Therapy is proud to introduce you to our featured speaker for this year’s annual conference in November:

Paris Goodyear-Brown, MSW, LCSW, RPT-S, is a social worker and Registered Play Therapist Supervisor with 15 years of experience in treating anxiety disorders in children. She has an international reputation as a dynamic and innovative speaker. She maintains a private practice, and teaches for several universities in middle Tennessee. She is the author of *Digging for Buried Treasure: 52 Prop-Based Play Therapy Interventions for Treating the Problems of Childhood* and *Digging for Buried Treasure 2: 52 More Prop-Based Play Therapy Interventions for Treating the Problems of Childhood*, *Gabby the Gecko*, and co-author of an original DVD of prescriptive play therapy interventions entitled *10 Peas in a Pod*. Her newest book is entitled *Play Therapy with Traumatized Children: A Prescriptive Approach*.

She adds that she has three children who are her continual classroom. Her intense interest in attachment is obviously due to growing her own family.

Register now:

<http://www.newenglandplaytherapy.org/Annual-Conference.html>

Save the Date: Nov 13th, 2010

NE-APT Annual Conference

Register now:

<http://www.newenglandplaytherapy.org/Annual-Conference.html>

“Flexibility in Play Therapy: filling your tool box with the best from prescriptive, trauma focused, cognitive behavioral play therapy, multi-sensory and expressive play therapy approaches to meet each client’s needs.”

Where: Best Western Royal Plaza Hotel and Trade Center in Marlborough, MA.

Time: 9:00 to 4:30

When: Saturday, November 13

Rooms: \$89.00 single/double

Call: 508-460-0700 for room reservations

Lunch will be included and vendors will be present throughout the day. There will be pre conference opportunities for CEU credits.

Pre-conference options in supervision and play therapy and anxiety also available Friday night.

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Upcoming Courses

Fall 2010 **Child Centered Play Therapy** with Sarah O’Brien, LICSW, RPT-S. Tuesdays 12-3pm. Rhode Island College. 3 credits. Sarahob1@msn.com

Fall 2010 **Child Centered Play Therapy** with DeeDee Nold, LICSW, RPT-S Saturdays, September 25th to Nov. 6. Plymouth State Univ. 3 credits. nolddeedee@aol.com

The Non-Book -- Book Nook

Summer is here. I don't know about you but I like to spend my summer days reading. Reading books for Me! Reading books that I want to read not because they are work related or picked by my book club but because they simply catch my fancy. So, I thought perhaps I'd share some non-book thoughts this month. Also, if any of you out there have a book YOU would like to review, please let me know! I'm happy to share this little section with everyone.

Laurel Hemmer

"Remember to play!"

I-PHONE APPS

I recently got an I-phone. I fell in love. I'm so non-technological. There's a reason I'm a social worker. Still, I really fell in love. I'm now drooling over an I-pad and will probably purchase one soon. So my friends are teaching me about apps. That's how I learned about one called "My Journal – Mister Rogers' Neighborhood" by pbskids.org/mobile. It allows kids to make journals to think about their feelings. I have a 4 year old and also work in a school system with kindergarteners through 5th graders. So, this app peaked my interest. It's not as open-ended as I would like yet, I think it has value. I believe just connecting with parents of young children and helping them realize the value in having young children express themselves, express their feelings, reflect on their day and how it went for them and more is important. Such an app could be a way to introduce a parent to these concepts, to have them connect with their children with current technology, and to engage kids who have more interest in something like an I-phone than in the sentence, "Tell me how you feel."

FAMILY PASTIMES

I still remember meeting our leader, Sarah O'Brien, at a daylong conference on Child-Centered Play Therapy in the fall of 2006. It opened my eyes to a different way of doing therapy with children. I embraced much of what she said including stripping my office of most games. But I could not bring myself to remove one single game from a company in Canada called Family Pastimes. They specialize in co-operative games. In fact, I believe it is all they make. I have several and the children I work with love these games. 5th graders play games that say "for 4 – 7 year olds" as avidly as my 1st graders do. Round Up is a great example. The Princess Game is popular with every kid I've ever introduced it too (even the initially resistant boys). I've had success with these games in individual counseling yet more so in social skills groups, grades 1 – 5. Most are simple to learn, quick to play, and just plain fun. Seeing children come together and work cooperatively to achieve the goal of a game is something I truly enjoy.

Speaker Survey

We thought it would be nice to learn more about the speakers in the NEAPT. We have so many talented play therapists and a number of them are willing to share their time and talents not only working with clients yet also taking the time to teach us what they know so we may serve our clients better. How lucky are we?! Our co-editor, DeeDee Nold has volunteered to do the first survey. We look forward to hearing from many more of you in future issues.

Speaker Survey:

Speaker: DeeDee Nold, LICSW, RPT-S

Background I live in Ashland, New Hampshire and Naples, Florida. I am licensed in both states and have a practice in both towns (although Florida is now smaller). I earned a Masters in Special Education and then my Masters in Social Work at Barry University in Miami. I have been practicing for fourteen years and have been a RPT and RPT-S for 12 years. I work alongside my therapy dog, Benny. I live with my husband, Fred who is a visual artist and we have three daughters and one “magnificent” grandson.

Current Position: I am a play therapist in private practice and an adjunct professor in the Play Therapy Program at Plymouth State University.

Why APT? I became involved in APT as a graduate student in order to learn from my colleagues and benefit from the support and camaraderie of other playful people.

Presenting: I first co-presented to School Guidance Counselors and was “scared to death”, but I survived and enjoyed it. I continued to present locally, at the Florida State Convention and then the national APT Convention. (In Hollywood, I thought I was presenting to 30 people and walked into a ballroom teeming with eager play therapists.) I also present regularly at Sweetser Institute in Maine.

Why I Present: I began presenting to spread the word regarding play therapy and because I love teaching and meeting new people.

Specialties: Because of my interest in Special Ed, I have specialized in Spectrum Disorders and

Sensory Integration. I love “Itty bitty” people so I see children 18 months to twelve years or so. I freely admit that teenagers are not my favorite. I am however, interested in the area of Infant Mental Health

NE-APT: We have a wealth of bright involved therapists in our New England Chapter led by our hardworking and inspiring leader Sarah. I encourage everyone to [GET INVOLVED](#).

Advice to Presenters: It is easier to co-present initially with a more experienced presenter. Just take the plunge. Choose a topic that you love and go for it.

Special Talent: I’m a really fun grandmother and I love puppets and assuming wild and wacky voices in the playroom role plays.

How I Play: On the floor anytime, anywhere with small people and Benny. I also love anything to do with the water or the mountains so New Hampshire is a perfect place for me.

Presentation Topics:

Special Populations: Aspergers, Sensory Integration Disorder and NLD.

Cognitive Behavioral Play Therapy for treating Trauma in Children

Anxiety: The Dragon Within

Healing Children of Divorce

Healing Art of Sandplay

Child Centered Play Therapy

Playful Playrooms



Holly Pierce's Playroom



Stephani Misiph's Playroom



ASSO

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New England

Playrooms

By DeeDee Nold, LICSW, RPT-S

One of the most daunting and exciting tasks for any play therapist is creating a playroom. They can be limited by our particular job or by our physical space, but they are unlimited by our creativity. My first playroom was an enormous room with nothing in it but a huge child sized playhouse that kids liked to climb up on and jump off of and a desk. Since others used the playroom I would bring bins of sandtray toys, puppets and art equipment which I kept in the trunk of my car. When I graduated, I first shared a room with a family therapist who tolerated my sand. I have had many playrooms since and I have loved them all. Surprisingly, I have found a consistency even though they have grown more sophisticated over the years. I prefer separate parent room and playroom, but I have seen many in-genius ways that people successfully combine their office; parent room and playroom into one.

The Ecosystemic therapists tell us we should have developmentally appropriate toys and Garry Landreth in the Art of the Relationship tells us to “present an image of color and consistency” He tells us the toys should always be in the same place. Karla Carmichael in Play Therapy suggests low shelving, neutral colors and creating centers.

As your editors, we are interested in your playrooms. Tell us what you love about your room and send us pictures of what makes it unique. Send them to nolddeedee@aol.com or barbaravh@mail.com

NE-APT Training Calendar Fall 2010: See www.newenglandplaytherapy.org for the latest updated information and www.a4pt.org for national training opportunities. The following workshops (unless otherwise listed) are offered by or in conjunction with the New England Association for Play Therapy. NE-APT is APT Provider #02-123.

Sept 24, 2010 **Effective Child Centered Play Therapy** with Sarah O'Brien, LICSW, RPT-S. Boston University. 6 hrs, \$100 <http://www.bu.edu/ssw-pep/registration-manager/app/catalog.php>

Fall 2010 **Child Centered Play Therapy** with Sarah O'Brien, LICSW, RPT-S at Rhode Island College, Providence, RI. Tuesdays 12-3pm 3 Grad credits. Sarahob1@msn.com

Fall 2010 Saturdays, Sept. 25 November 6. **Child Centered Play Therapy.** with DeeDee K. Nold, LICSW, RPT-S. 3 grad credits. Plymouth State University, NH. gmeirs@plymouth.edu

October 1, 2010. **Essential Elements of Client Centered Play Therapy** with Laurie Parker, LMFT, RPT-S and DeeDee Nold, LICSW, RPT-S 6 hrs. Concord, NH.

Nov 13th, 2010 **NE-APT Annual Conference.- Flexible Play Therapy in Trauma Treatment** with Paris Goodyear-Brown, RPT-S and other local talent, Marlborough, MA. More details to follow. www.newenglandplaytherapy.org Two pre-conference workshops available Friday night. <http://www.newenglandplaytherapy.org/Annual-Conference.html> to register now.

Remember, regardless of whom the presenter is, if the workshop announcements do not state APT approval with a provider number, APT will not approve it for RPT/RPT-S application or renewal.

If you are not a member, please join to receive the member discounts plus many more benefits outlined on www.a4pt.org.